

At Home
with
El Dorado Manor

El Dorado Manor & Assisted Living
Box 97
Trenton, NE 69044

“Where love is ageless...”
OCTOBER 2017



Happy Halloween

Newsletter Editor: Jaynee Janousek

NONDISCRIMINATION NOTICE

It is the policy of El Dorado Manor & Assisted Living that all resident admissions, room assignments, resident services, or employment are provided without regard to RACE, COLOR, NATIONAL ORIGIN, DISABILITY, OR AGE. For further information about this policy, contact Carla Sapp, Section 504 Coordinator, 1-308-334-5241 or 1-800-642-6112.

From the Administrator Desk...

October 2017

Wow! I can hardly believe that I have been at El Dorado for nearly three months! I am settling in and getting to know my new family! I have REALLY enjoyed getting to know all of you residents here, and I have had so much fun doing activities with all of you! The new resident cat, Tiggs, seems to be very happy living with all of the attention and petting he is getting here. I am very excited about the positive changes that have already started with encouraging supportive interactions with everyone, residents and staff.

The solar eclipse was nothing short of a miracle, and it was amazing watching part of it with you all! Listening to music and watching Jaynee dance was especially fun, and my favorite time with you was church! I have really enjoyed playing bingo with you as well! Please remember that my door is always open and I look forward to hearing any ideas you have, to make El Dorado even better than ever before!! I'm looking forward to Halloween coming up, and I'm excited to see what costumes and characters we see walking around El Dorado!



Rebecca

El Dorado Manor's Dept. Head List

Administrator – Rebecca Steinhour
D.O.N. – Elaine Berry RN
A.L. Coordinator -- Robin Cook LPN
Activity Director -- Jaynee Janousek
Social Services Director – Shelley Kefalas
Dietary Manager -- Mary Vrbas
Maintenance Dept. – Scott Propp & Eric Lucas
Environmental Services – Jeanne Hunkins
Medical Records – Carla Sapp
MDS Coordinator – Beth Scott
Office Manager – Kim Oberg
Rehab – Sara Podoll
Medical Director -- Richard Klug MD
Facility Chaplain -- Richard Stahly

El Dorado Manor's Board of Directors

Chairman - Linda Cook
Vice-Chair -- Cliff Johnson
Secretary -- Phyllis Bach
Member -- Craig Schmitz
Member—Phyllis Daugherty

Phone Numbers

1-308-334-5241 regular line
1-800-303-5241
1-308-334-5243 FAX

Resident & Staff News

October's Birthdays

Resident's

Stub Golding 6
Margaret Shapiro 10
Frances Hilker 21
Norma Cole 25



Staff

No Staff

October's birthstone is an Opal.

October's flower is the Calendula.

Employee's anniversary dates:

10/24/198484 Joni Wright MA/AL
10/08/2002 Alberta Cole Laundry/Hsking
10/30/2012 Elaine Berry RN DON
10/02/2013 Desirae Long Laundry
10/26/2015 Mike Faimon NA

New resident to introduce was Ronald Magner, who will have returned home by the time this is published. Good luck to him and Dean Hansen who has also returned home.. Please stop in and welcome them and tell the rest of us hi.



Congratulations to Carla Sapp for celebrating her 30th anniversary of working at El Dorado with a frog cake at the Inservice on Sept. 14th. Her anniversary was Aug. 11th but she was in Japan visiting her son and his family.

October resident of the month honors go out to Greta Gigax. Greta was born in Franklin, NE but moved to Palisade at the age of two. She attended school and graduated from there. The first date with her husband was a frog race. They lived on a farm for over 30 years and she loved it. She especially liked working with the cattle evening having to pull calves on occasion. Greta and her husband attended many dances whenever they could, belonging to the Elks club also. Her favorite activity is attending musical entertainments. Otherwise she reads her papers and watches certain shows on her tv. Please stop in and visit, she would love to see you and have a chat over a beverage of your choice. This picture is from Nov. last year when Greta & Gilbert celebrated their 68th anniversary.



This & That

Dear Families:

As you may or may not know I schedule your loved ones doctor appointments and transports. I know sometimes that you are able to take your loved one to their appointments and I think that is wonderful. When a resident goes to an appointment they may have a change in their meds, cares or we may need to make a follow-up appointment or one was scheduled there. When that resident comes back we need to make sure we get those changes made, appointments put into our computer and transports scheduled. I know that some of our families live far from our facility so for some of them, they like me to email them appointment times or even a letter they want me to get to their loved one. If you would like me to e-mail you about Dr. appointments or any concerns or even if you want me to get your loved one a letter or some pictures you may have downloaded I would be more than happy to accommodate that. Always feel free to contact me by phone if you have any questions or concerns. My e-mail address is socialservices@eldmnr.org. If ever on the weekend or at night you need to speak to me please let the nursing staff know and they will get ahold of me. I thank you for allowing me to help with your loved ones care.

Sincerely,
Shelley Kefalas
Social Service Designee

Hi everyone,

On Grandparent's Day we had a pancake bar for breakfast. We had cherry, blueberry, strawberry syrups, banana's, chocolate chips, whipped topping and peanut butter. Residents said they enjoyed the pancakes and we should do it again. One resident had EVERYTHING on his, topped with a smiley face!!

New help Amber is training for all shifts – am & pm.

We did some more painting in the kitchen. Next we will work on painting the ceiling,

Holidays are coming up soon and we hope to see you.

Mary and her dietary gang

Hey all!

Is fall actually here? YIPPEE!!!! I personally can't wait until the first snow!!! NO I am not crazy, even if my granddaughters called my grandma ding dong when they were little.

Grandparent's Day was a hit this year with the pancake bar that Mary wrote about and our 1st Annual EDM hot wheels poker run. We had a lot of fun doing our poker run with the hot wheels, although it was decided we needed motorcycles when it was all said and done....so we decided how to get that accomplished for next year.

On telling a Whopper Tuesday we had stories about parking on top of a manhole cover and somebody climbing out from the manhole and getting in the car, missing your surprise birthday party, a pet guinea pig riding on a pony, and a balloon big enough to cover the whole world were some of the whoppers that were enjoyed.

My daughter had an unexpected surprise over this weekend as a cousin of hers from St Louis came for an overnight visit. She was her dad's older brother's daughter. Now did you follow all that? Anyway her and her husband went with us to the Falcon football game. It's so nice to see family.

We are planning a chili cook off for Oct. 19th, tentatively. Please call if you would like to make us some chili for the contest – knowing that the residents are going to be the judges so it can't be tooooooo spicy. Today is Monday the 25th, it is cool and damp....and a bowl of chili sounds WONDERFUL! Will probably make a pot of oyster stew instead though.

Just thinkThanksgiving and Christmas are just around the corner! But have a scary goblin day first.

Jayne, Activity Director



Points of View



THE CHAPLAIN'S CORNER

When I was little boy, about four years of age, I remember it was Saturday night and Dad was going to town. He was going to take me with him and I wanted to go but I was playing outside beside the sidewalk in the dirt. My Grandma would call me, "Come on, come inside and get cleaned up so you can go with your Dad". But I was just so busy playing. She called me several times, but I just had a little more to do. Then Dad came out of the house and he was ready to go, and I jumped up and said I would get ready, but he said it's too late, I've got to go and he got in the car and left. I stood there crying, because I didn't get to go with my Dad.

I think that's the way it's going to be when Jesus comes back. There's going to be so many people that have heard about Jesus salvation but they have put off surrendering themselves to him for a lot of different reasons. My spouse won't like it, my friends will make fun of me, on and on it goes. And then it will be too late. And the alternative is, literally, hell.

Another reason might be that so many of us have given ourselves to Jesus, but we have never told other people about his love for them, and how they can have him too. We are afraid we might offend some one. Well we might offend them because the gospel is offensive to those that don't want to hear it. But there are so many that do. They are so hungry for the peace and love that comes with salvation. Don't wait until it is too late.

Richard Stahly, Facility Chaplain

HELEN'S THIS & THAT

October is the 10th month on our modern calendar (the 8th month on the Roman calendar) and a time of plenty.

Our pioneer ancestors couldn't run to the supermarket for their food. They planted and harvested crops and planned to have a year's supply until the next harvest. They preserved fruits, vegetables, meat, wild game, honey, and root crops. Squash and pumpkins were used in various ways.

Sharon Foster remembers that her grandmother gave her father \$100.00 for a team of large gray work horses to plow a field so they could plant crops. They canned cucumbers, beets, beans, and tomatoes. They dried corn and canned it. Chickens provided them with meat and eggs. Lanterns provided them with light, because they didn't have electricity in their house until the 1940's.

Lillian Phelps from Assisted Living had family members who were homesteaders from Iowa. They came to southwest Nebraska in 1917. Using wild plums, wild berries, crabapples and their own grape crop they made jam and jellies. When they butchered hogs they soaked the meat in salt water. Then they hung it up in burlap bags. It was perfectly seasoned when her grandmother sliced it and put it in a boiling pot of water with vegetables. They did not have an ice box.

Gary Hobbs was born in Ohio and was raised in Colorado Springs. Vernon Hobbs, his father, butchered a steer. He and his younger brother watched him doing it. His brother refused to eat the meat. He wanted his steaks to come from a grocery store. Their mother convinced him that their meat came from a neighborhood super market.

Our back yard in Denver had a crabapple tree growing near our patio. My children, Matt, Heather, and Dan, climbed it and picked the apples. I made crabapple jelly and flavored it with cinnamon red hot candy. This still Matt's favorite jelly when it is used for a peanut butter sandwich or a PBJ.

People were encouraged to plant victory gardens during World War II. Our family had a large one in the Wheatridge at my aunt's and grandmother's. We harvested big red tomatoes, corn, peas, and cucumbers. Then one afternoon a hail storm destroyed it except for a few potatoes.

Written by Helen Ruth Arnold

1st Annual EDM Hot Wheels Poker Run



We are wearing our bandana's/dew rags and have picked our hot rod for the run.



Shirley won with a pair of Kings, it was close though because Ricky had a pair of Queens, and George a pair of tens. It came down to the last card for two residents to having a flush, that would have won. Shirley picked a decorative water can with a fall arrangement in it as her prize.

Below are the objects that were full of something they had to be counted. We had a pill bottle that was full of popcorn kernels, urine cup with M&M's, the flower had straight pins, the egg had smarties in it, and the jar had buttons in it. As the residents traveled to different tables to draw their cards they had to guess how many objects were in the container at that particular table. Shirley, Ricky, Phyllis, George, and Marilyn picked a prize for coming the closest to the number of one of the objects. Afterward we enjoyed ice cream!!!!



COMPREHENSIVE CARE PLANS

Within 14 days of admission to El Dorado Manor a Comprehensive Plan of Care is determined for each resident. The purpose of these care plans is to identify care needs of each resident and develop a plan to meet each of these needs.

Developing and implementing these care plans takes an interdisciplinary team effort. This means each department nursing service, dietary, social service, activities, and rehabilitation; assess the resident's needs they have identified.

Care plans change, as needs change, but are reviewed and discussed as a team, quarterly or every three months. Residents and family members are invited to attend the care plan meetings to discuss and review the plan of care, ask questions, and express concerns or problems. Care plan meetings are scheduled for Tuesday mornings at 10:00 a.m. and residents are scheduled according to their quarterly date. Family members are invited to attend, but asked to please call prior to care plan meeting if they do plan on attending.

OCTOBER CARE PLANS

Oct. 3rd, 2017

Cec Adams
Sharon Marble

Oct. 10th, 2017

Shirley Walter
Phyllis Alberts
Pat Mitchem
GiGi Gilbert

Oct. 17th, 2017



Oct. 24th, 2017

Frances Hilker
Norma Cole

Oct. 31st, 2017

Devonnabelle Reynolds
Helen Arnold

Out of the Resident's Rights Book

Restraints & Abuse

The resident has the right to:

- *Be free from any physical or chemical restraints imposed for purposes of discipline or convenience and not required to treat the resident's medical symptoms.
- *Be free from verbal, sexual, physical, and mental abuse; corporal punishment; involuntary seclusion, neglect; and misappropriation of the resident's money and personal property.



Shirley had a lucky week...first she won the best hand in the poker run...and then she told the BIGGEST whopper that everybody believed. We enjoyed whopper hamburgers, and fries for lunch and after the Whopper Lies Contest we had whopper malted milk balls as a treat. Her tale was about her Guinea pig that rode around on her pony, sounded like the truth...BUT IT WAS A LIE! We had many laughs and a good time listening and deciding what was true and what wasn't from everybody.



October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:10 Church <i>R Stahly, K Cole, M Howard</i>	2 1:1 Time 11:15 Ex. & Dev. 2:00 Kings on the Corner <i>Debbie Helps</i>	3 Dave Visits 9:30 Hangman 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Lanny Scott Entertains 4:15 Ball Play	4 9:30 So Many '7's 11:15 Ex. & Dev. 2:00 Church <i>Pastor Jason</i> 3:00 Library Board Meeting	5 9:30 Resident Council 11:15 Ex. & Dev. 2:00 Gospel with Joyce 4:00 Farkle	6 9:30 Books & More 11:15 Ex. & Dev. 2:00 Manicures & Music <i>Debbie Helps</i>	7 6:00 Lawrence Welk 5 NE vs Wisconsin TBA
8 9:10 Church <i>S & B Golding, B Potthoff, M Howard</i>	9 1:1 Time 11:15 Ex. & Dev. 2:00 Kings on the Corner <i>Debbie Helps</i>	10 Dave Visits 9:30 Reminisc (Who wants to go Fishing) 10:00 C.C.P.'s 11:15 Parachute 2:00 Yahtzee 4:15 Ball Play	11 9:30 Church <i>Pastor Alisia & Jan</i> 11:15 Music & Motion 2:00 Bach Sing Along 6:30 Night Time Bingo	12 9:30 "O" What's my Name 11:15 Ex. & Dev. 2:00 Staff Meeting 3:30 LCR	13 9:30 Books & More 11:15 Music Makers 2:00 Scarecrow Making with <i>Dorothy & Debbie Helps</i>	14 6:00 Lawrence Welk 5 NE vs Ohio State TBA
15 9:10 Church <i>D Hoyt, F Hegwood, M Howard</i>	16 1:1 Time 11:15 Ex. & Dev. 2:00 Kings on the Corner <i>Debbie Helps</i>	17 Dave Visits 9:30 Hangman 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Pumpkin Painting 4:15 Ball Play	18 9:30 Church <i>Pastor Rick & Bach's</i> 11:15 Ex. & Dev. 2:00 Wes White Entertains	19 9:30 Balloon Smash 11:15 Ex. & Dev. 2:00 Card Bingo 4:00 Dominoes	20 9:30 Books & More 11:15 Ex. & Dev. 2:00 Bingo <i>Trenton Methodist</i> <i>Debbie Helps</i>	21 6:00 Lawrence Welk 5
22 9:10 Church <i>D Hansen, D Riggs, J Hansen, M Howard</i>	23 1:1 Time 11:15 Ex. & Dev. 2:00 Bible Study with <i>the Wilke's</i>	24 Dave Visits 9:30 Ball Roll 10:00 C.C.P.'s 11:15 Parachute 2:00 Manicures & Music 4:15 Ball Play	25 9:30 Church <i>Pastor Heilbrun & Jan</i> 11:15 Music & Motion 2:00 Ron Scott Entertains	26 9:30 Flashbacks 11:15 Ex. & Dev. 2:00 Staff Meeting 3:30 Horseraces	27 9:30 Books & More 11:15 Music Makers 2:00 Bingo <i>Culbertson Methodist</i>	28 6:00 Lawrence Welk 5 NE vs Purdue TBA
29 9:10 Church <i>Bethel Missionary Church Adult Sunday School Class</i>	30 1:1 Time 11:15 Ex. & Dev. 2:00 Kings on the Corner <i>Debbie Helps</i>	31 Dave Visits 9:30 Hangman 10:00 C.C.P.'s 11:15 Ex. & Dev. 2:00 Halloween Party 4:15 Ball Play	Notes: ALL ACTIVITIES ARE SUBJECT TO CHANGES!! Shopping available with Hitch and Hay see Social Services. Shopping to Dollar General will be on Oct. 6 th . 9:30 Dominoes on Mondays on AL Bingo Numbers Mon – Friday A.L C.C.P.'s on Tuesday Mornings starting at 10:00 am. Call for a time.			